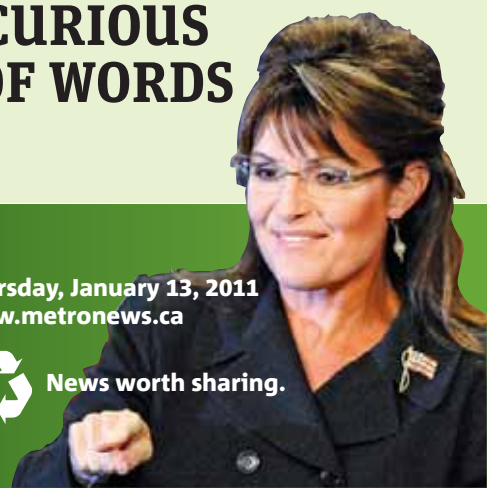
SUSTAINABLE SUSTENANCE
TRY BOXWOOD FOR LUNCH {page 16}

‘BLOOD LIBEL’
PALIN’S CURIOUS CHOICE OF WORDS
NEWS {page 6}



CALGARY metro®
Thursday, January 13, 2011
www.metronews.ca
News worth sharing.

BBQ. Gratis

▶ Amanda Guenther braves the cold and serves up ribs on the corner of Stephen Avenue and 2nd Street SW yesterday.

CAROLINA NOVOTNY/FOR METRO

Food for charitable thought

Bull’s Eye barbecue sauce was giving out free chicken and ribs to raise awareness for the Project Warmth Society of Alberta, a charitable organization that collects warm winter gear for the homeless and whose motto is “Be bold. Give back.”

Dollar for dollar

Flaherty sees bright side of currency parity {page 10}

Making of The Green Hornet

One-on-one with director Michel Gondry {page 12}

Daughter, dad learn e-lesson

Hundreds offered help in search for teen ◐ Tips led father to B.C. ◐ Police found her in Calgary days later

JEREMY NOLAIS
@METRONEWS.CA

Every parent’s worst nightmare became Calgarian Barry Rungeling’s reality when he arrived home from work Jan. 5.

His 14-year-old daughter Kaitlyn was missing. Clothes had been removed from her dresser and her phone was dead.

“I was freaking,” he said. “I was ready to go anywhere I thought she could be.”

Rungeling began canvassing malls around the city. He contacted the police, family and friends — anyone who might have clues on his daughter’s whereabouts.

Tips poured in that Kaitlyn was spending time with a 20-year-old male who had befriended her on Facebook after the two met through a friend roughly a year prior.

Finally, five days after she was reported missing, Kaitlyn was taken into police custody at a southwest residence.

Rungeling said police told him they used the male’s phone to track his location.

Looking back, Kaitlyn said she didn’t know what she was in for when agreeing to stay at the male’s house.

JEREMY NOLAIS/METRO

▶ Barry Rungeling with his daughter Kaitlyn.

She said she was never harmed during the ordeal but felt “frustrated, scared.”

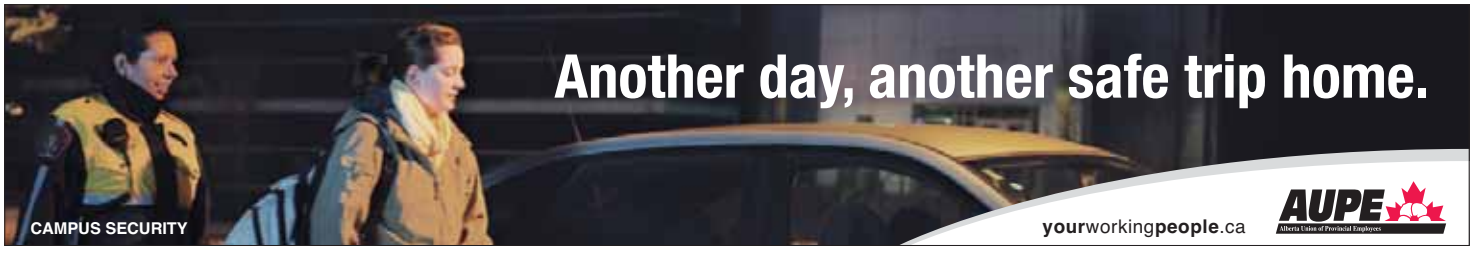
A police spokesperson said no charges have been laid in the matter, but that a male was arrested at the residence on unrelated warrants.

Rungeling offered a stern warning to parents whose kids are using social media.

“They have too much freedom these days,” he said.

“As parents, we need to be over their shoulders all the time to ensure things like this don’t happen.”

For more on this story, visit metronews.ca/calgary



2010 CHEVROLET AVEO

BRAND NEW

C100642

from **$8,995**

only 8 remain

2010 CHEVROLET COBALT

BRAND NEW

C101478

from **$9,995**

only 31 remain

2010 CHEVROLET MALIBU LS

BRAND NEW

BONUS IPAD with purchase

from **$19,995**

2.9% for 72 months

$138 bi-weekly

Prices do not include taxes and fees, o.a.c, errors and omissions exempt

CMP GM
CHEVROLET Cadillac BUICK GMC

403-536-9785
cmpauto.com

CORNER OF 16TH AVE & 36 ST. N.E. MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM

AMVIC LICENSED

AMVIC LICENSED

Suspicious fire in the downtown

Fire investigators believe a two-alarm blaze in the downtown was set under suspicious circumstances.

Smoke spilling out of a boarded-up building on the 3100 block of Centre Street North caught the attention of a Calgary Transit driver yesterday morning, according to officials.

The driver called 911 and fire crews responded, and upon their arrival a second alarm was called out.

One firefighter was injured after falling during suppression efforts and later sent to hospital with minor injuries.

Damage to the building was extensive and the cause of the fire is under investigation. METRO

Zoo tiger abandons young cub

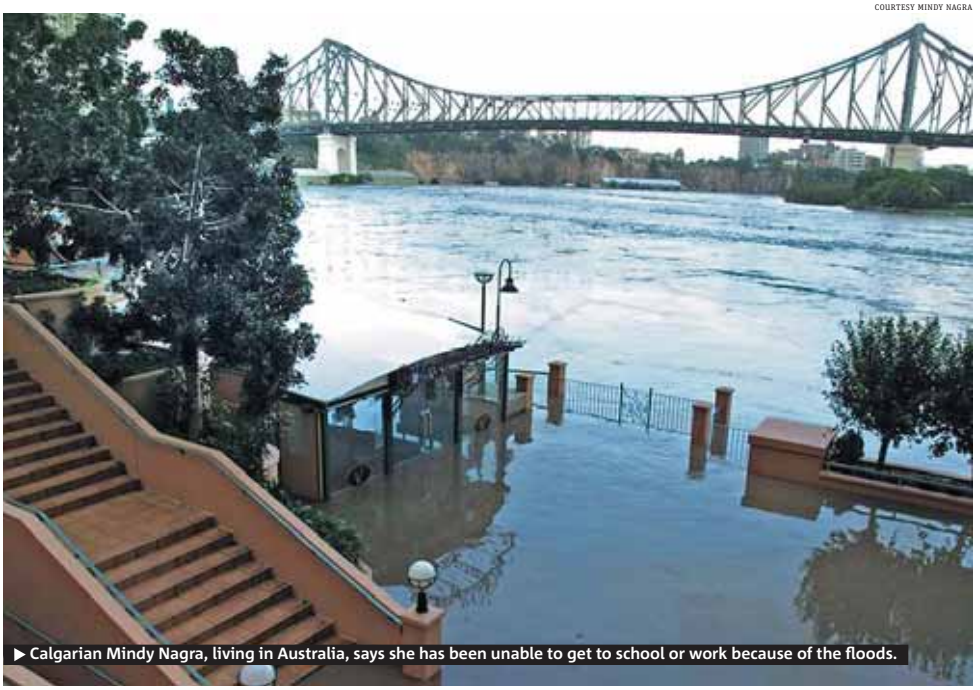
Staff at the Calgary Zoo were forced to intervene and assume care of a baby Siberian tiger last night after its mother left it unattended.

Katja, the mother, left the cub alone in their den, causing it to become dehydrated and its body temperature to fall.

"Having had to intervene to the extent we did to keep the cub alive, returning the cub to its mother any time soon is a risk we are not prepared to take," said Dr. Jake Veasey, director of animal care.

"In our experience, often when a mother leaves their young it is because they sense that there is a congenital problem. We don't know yet if that is the case, but we are certain that had we not intervened, this cub would have died." METRO

COURTESY MINDY NAGRA



▶ Calgarian Mindy Nagra, living in Australia, says she has been unable to get to school or work because of the floods.

Albertans at flood's mercy

There are reports that more than 12,000 homes in the Australian state of Queensland have been flooded Due to rising water levels, power has been shut off to more than 100,000 homes and businesses

KATIE TURNER
CALGARY@METRONEWS.CA

Albertans in the flooded Australian city of Brisbane say the metropolis has come to a standstill, leaving many people stranded.

Calgarian Mindy Nagra moved to Brisbane a year ago to attend school. She and her fiancé live on the 49th floor of a downtown apartment building and she said they are able to survey some of the damage.

"Usually, as far as the eye can go, you see lights," she said. "It's kind of a bit of a ghost town."

Tim Hoyles, originally from Edmonton, said he's safe in the city, but his wife and nine-month-old son are stranded at her parents' home in the suburbs.

"They're safe from the actual flood waters but that whole suburb ... they've shut the power off," he said, adding their food supplies are beginning to spoil.

Jason Webb, owner of Down Under Travel and adviser of the board of the Down Under Social Club, said while the situation is terrible, Australians will cope.

"They know that it's a situation that is awful, but they are going to get through it."

Details

- Both Mindy Nagra and Tim Hoyles say grocery store shelves have been emptied and no fresh produce has been able to be brought in.
- It's believed that at least 17 people have been killed and 70 more are missing.
- Brisbane is Australia's third-largest city.

1 news

Is charity and celebrity attention doing more harm than good in Haiti? Scan code for story.

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

Michael Ignatieff kicks off a 20-riding tour with a renewed call for elections. Video at metronews.ca

Follow us on Twitter @metrocalgary

News in brief

▶ Robbery suspect

Snow brush weapon of choice in robbery

7-ELEVEN. Armed with a snow brush, police say a masked man robbed a 7-Eleven in Calgary's southeast early yesterday morning.

Police say the man entered the store located at 5320–8th Ave. SE around 3:20 a.m. and made off with an undisclosed amount of cash. The suspect is described as an Arabic man between 25 and 35 years old who was wearing a white T-shirt over his head. METRO

Local man charged with holdups at Sask. banks

CASH GRAB. A Calgary man has been charged with robbing two Saskatchewan banks earlier this month.

Devin Bellhumer, 24, allegedly claimed he had a weapon and made off with cash at a bank in Swift Current Jan. 7 and another in Moose Jaw two days later. He has been taken into custody and is scheduled to appear in a Moose Jaw courtroom Jan. 25. METRO

Love in transit

VALENTINE. Star-crossed lovers who met using Calgary Transit are in the running to win a free adult monthly transit pass.

Anyone whose relationship fits the bill is asked to submit their tale of transit love in 500 words or less to CT-Contests@calgary.ca before Feb. 10. A winner will be announced on Valentine's Day. METRO

Hovercraft project a big assignment

Career and Technology Centre program provides wealth of lessons for high school students including basic mechanics, budgeting and teamwork

CAROLINA NOVOTNY
CALGARY@METRONEWS.CA

Hovercrafts in high school may conjure scenes from Back to the Future 2 but it's a reality at Lord Shaughnessy High School.

The first students to complete a semester at the school's Career and Technology Centre, which opened this past September, have built a hovercraft as their final project.

Trying to simulate a real work environment, student Andrew Toms acted as the team leader reporting to Kristen Byrnes, teacher and CEO.

"I had to calculate a budget, order stuff and be the go-between with the CEO," said Toms.

CAROLINA NOVOTNY/METRO

▶ The hovercraft team, from left, Chris Hong, Asad Ali, Andrew Toms, Shaiq Mohamad, Buyoung Lee and Eugene Lee.

Working as part of a team of six, Toms admitted, "Everyone had their own projects as well so keeping everyone organized was the hardest part."

Besides learning to work within a team, the basics of mechanics and design, Byrnes said student gain a deeper understanding of concepts by applying their knowledge.

Setting a course

- In addition to the pre-engineering course, auto body, cosmetology and welding programs are also offered.

"The success of building a large scale project that really works doesn't often happen in the classroom," explained Byrnes, who is also a professional engineer.

CBE's Merla Bolender, project lead for the program, outlined the aims of the centre saying, "Students can take programs in industry credential — on industry equipment — allowing students to accelerate career paths while still in high school."

THE CIBC switch

Limited Time Offer

More saving power to you.

CIBC TFSA Tax Advantage Savings Account™

EARN 2% on new balances*

Increase your savings

- Earn interest tax-free
- Enjoy the security of guaranteed interest

Plus, access your money at any time, for any reason.

Act now – offer ends April 30, 2011.

Speak to a CIBC advisor today. Visit any branch, go to cibc.com/switchsavingmadeeasier or call 1 800 465-CIBC (2422).

Scan this QR code to calculate your tax savings.

Download a QR code reader App, then scan code.

CIBC

For what matters.

*This is a combined bonus and regular annual rate paid on New Balances for the CIBC TFSA Tax Advantage Savings Account ("Account"). **The bonus and/or regular Account rates may change at any time without prior notice.** Ask a CIBC advisor for current rates. How it works: The regular Account rate is paid on the full daily closing balance. In addition, on days when an Account's closing balance exceeds its Nov. 30/10 closing balance (the difference between the two balances is a "New Balance"), the New Balance earns a bonus rate for that day. Interest is paid monthly. Offer runs from Dec. 1/10 to Apr. 30/11. Other conditions apply, so ask in branch or see www.cibc.com for full terms and conditions. ™Trademark of CIBC. "CIBC For what matters." is a trademark of CIBC.

Sarah Palin accuses media of inciting hate

Remarks come after 22-year-old Jared Loughner allegedly tried to assassinate Democratic Rep. Gabrielle Giffords

GUILLERMO ARIAS/THE ASSOCIATED PRESS

▶ Sarah Palin

Sarah Palin posted a nearly eight-minute video on her Facebook page early yesterday, accusing journalists and pundits of inciting hatred and violence in the wake of a deadly Arizona shooting that gravely wounded a U.S. congresswoman.

Last spring, Palin targeted Democratic Rep. Gabrielle Giffords' district in Arizona as one of 20 that should be taken back. Palin has been criticized for marking each district with the cross hairs of a gun sight.

In the video, the 2008 Republican vice-presidential candidate said vigorous debates are a cherished tradition. But she said after the election, both sides find common ground, even though they disagree.

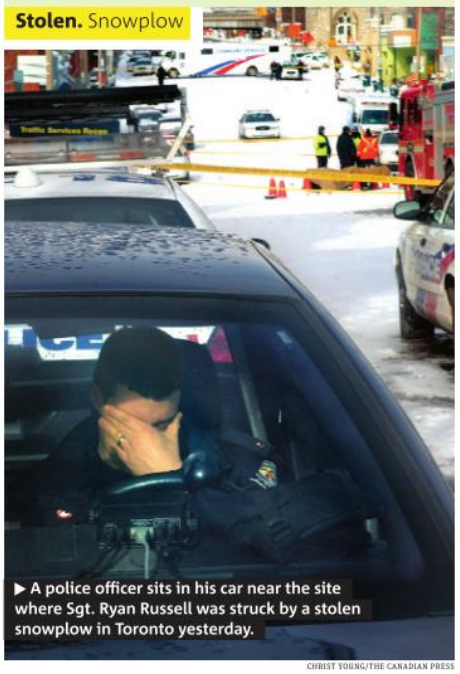
"But, especially within hours of a tragedy unfolding, journalists and pundits should not manufacture a blood libel that serves only to incite the very hatred and violence they purport to condemn. That is reprehensible," she said.

The term "blood libel" is the false allegation that Jews kill non-Jews, especially Christian children, to acquire blood for the Passover or other Jewish rituals, according to the Jewish Virtual Library.

It has been used in other contexts, and Palin's meaning was not clear. Her aides did not immediately respond to an email early yesterday.

THE ASSOCIATED PRESS

Stolen. Snowplow



▶ A police officer sits in his car near the site where Sgt. Ryan Russell was struck by a stolen snowplow in Toronto yesterday.

CHRIST YOUNG/THE CANADIAN PRESS

Chase ends in tragedy

An attempt to stop a stolen snowplow during a wild police chase through snowy Toronto streets ended in tragedy yesterday when an officer was struck by the vehicle and killed. A man was arrested about seven kilometres from where the officer was hit.

Poles to blame in president's death: Russia

Russian officials investigating the plane crash that killed Polish President Lech Kaczynski placed the blame squarely on the Poles yesterday, saying the crew was pressured to land in bad weather by an air force commander who had been drinking.

Kaczynski and 95 others, including his wife, died in April 2010 when their Tu-154 plane crashed while trying to land in Smolensk, Russia. There were no survivors.

In Poland, the report met with accusations that it is unbalanced and failed to acknowledge Russian mistakes. THE ASSOCIATED PRESS

20,000

Polish president Lech Kaczynski was on his way to attend a ceremony commemorating the 20,000 Polish officers and other prisoners of war who were killed by the Soviet secret police during the 1940 Katyn massacre.

A beautiful new, affordable, 55+ apartment in Bridgeland, now open!

Willow Park on the Bow
30 – 11th St. NE

One bedroom suites available in a variety of spacious layouts on four floors.

Space is limited!

Willow Park on the Bow is a pet free, non smoking, concrete building featuring dining and private meeting rooms, extensive landscaping, exercise area and security system.

On the corner of McDougall Road and 11 Street NE

WILLOW PARK on the bow
MCF Housing for Seniors

One month free rent!*
*Limited time offer

Call 403-262-6295 for rental inquiries.

CITY PRINT DISTRIBUTION INC.
DISTRIBUTORS OF METRO CALGARY

DISTRIBUTION DRIVERS

Applications are now being accepted for distribution drivers. If you are experienced, dependable, with references and have a reliable larger sized vehicle, the following position may be for you:

VENDING BOX AND DEALER DISTRIBUTION:
• Monday – Friday only: 1:00 am – 8:00am (all weekends and holidays off)
• No Home Delivery – No Collections – No Sales Calls
• Regular payment every two weeks.
• Long Term Contract for proven, dedicated service performance.

Highest competitive rates paid in the industry.
For more detailed information on our next growth opportunity and to have your name placed on our active application file, please call Kevin Schneider today at:

403-510-8224 or e-mail: kschneider@cityprintinc.com

FIRST COME – FIRST SERVED – DON'T DELAY CALL TODAY!

Surprise! Kinder egg a contraband?

Kinder Surprise barred from U.S. because toy inside might be choking hazard Mom: 'I think it's ridiculous'

Linda Bird couldn't believe it when agents from the U.S. Border Patrol at the crossing between Manitoba and Minnesota told her she had illegal contraband in her car — and that she faced the possibility of a $300 fine.

The unlawful property in question: a Kinder Surprise chocolate egg she had bought as a gift. Bird, a 48-year-old social-work student at the University of Manitoba, and her two sons were caught up in a random border search.

The family was driving to Ontario to visit her two daughters and going through the United States, which is a shorter drive, Bird said.

CONTRIBUTED

▶ The Kinder Surprise egg

The incident happened in early December. The family was asked for identification and then told to get out of the car and wait inside the U.S. Border Patrol offices.

After 20 minutes, the U.S. officers came back and showed Bird what they'd found: the Kinder Surprise egg.

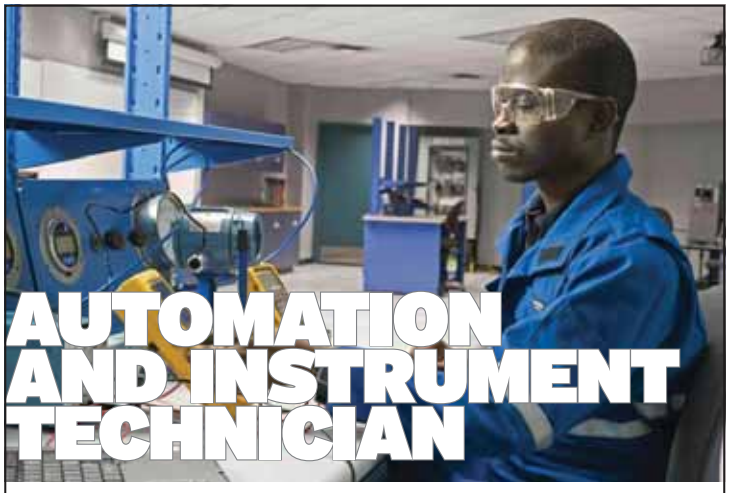
"They told us it was prohibited," she said.

Then they handed her a list of prohibited items that are not allowed in the United States, escaping with just a warning.

Bird thought no more about it until last week when she got a seven-page letter from U.S. Customs asking her if she wanted the egg back or if she was going to abandon any rights to it.

If she doesn't sign the letter, let U.S. officials know whether she wants the egg and return it within five business days, she could be liable for $250 in storage costs for the egg in the event of a legal challenge.

TORSTAR NEWS SERVICE



ARE YOU LOOKING FOR A CAREER IN INSTRUMENTATION?
WANT TO BE WORK READY IN JUST 24 WEEKS?

Consider taking the Automation and Instrument Technician program offered by SAIT Polytechnic's MacPhail School of Energy. You will learn to install, maintain and repair the measuring and control instruments used in industrial and commercial processing and manufacturing. The program provides training for a career as a technician, as well as an opportunity to get into the instrumentation trade without first being indentured.

Applications are being accepted until end of January 2011.

FOR MORE INFORMATION
PHONE: 403.284.8922
E-MAIL: ENERGY.MSE@SAIT.CA

APPLY TODAY *sait.ca*

MACPHAIL SCHOOL OF ENERGY
FURTHER YOUR PASSION
SAIT POLYTECHNIC

LONG DISTANCE

Comwave Knocks Out The Competition!

CUBA 89.9¢ INDIA 2.9¢ PAKISTAN 5.9¢ PHILIPPINES 11.9¢

Afghanistan 24.9¢	Jamaica 8.9¢	Saudi Arabia 9.9¢
Bangladesh 3.9¢	Jordan 9.9¢	Sri Lanka 9.9¢
Ecuador 9.9¢	Lebanon 9.9¢	Trinidad 4.9¢
El Salvador 9.9¢	Libya 24.9¢	U.A.E. 14.9¢
Guyana 24.9¢	Nepal 7.9¢	Vietnam 4.9¢
	Romania 2.9¢	

If the country you call is not on this list or our advertised rates are higher than what you are currently paying... that's no problem. Call today and we'll beat what you're paying with your current provider... GUARANTEED!

Make Long Distance and OverSeas Calls From your

Home or Cell Phone

At our GUARANTEED LOWEST RATES!

UNLIMITED CANADA

CALLING TO CANADA EVEN FROM YOUR CELL PHONE!

$5 /month

CALL OVER 30 COUNTRIES

1.9¢/MIN

403-451-5801

comwave www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. Rate guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. The Comwave Call over 30 Countries for 1.9 cents does not include calls to overseas mobile phones and it has a monthly fee of $1.95. Calls to Argentina on this bundle are to Buenos Aires. Calls to Colombia on this bundle are Bogota and Cali. Calls to Brazil on this bundle are to Rio De Janeiro and Sao Paolo. Calls to Mexico on this bundle are to Mexico city and Monterey. Calls to Russia on this bundle are to Moscow and St. Petersburg. Calls to Overseas Mobile Phones may be billed at a higher rate. All Unlimited Plans do not include calls to the Yukon, Nunavut N.W.T., Alaska and Hawaii. Terms and conditions apply, see www.comwave.ca for details

TOP 10 of 2010

Sponsored by
ING DIRECT
save your money®

YOU VOTED! THE TOP 10 SONGS OF 2010 ARE:

1. Wavin' Flag - Young Artists for Haiti
2. Empire State of Mind - Jay-Z featuring Alicia Keys
3. Dynamite - Taio Cruz
4. Airplanes - B.o.B. featuring Hayley Williams of Paramore
5. Break Your Heart - Taio Cruz featuring Ludacris
6. Not Afraid - Eminem
7. Blah Blah Blah - Ke$ha featuring 3OH!3
8. Rude Boy - Rihanna
9. Replay - Iyaz
10. Cooler Than Me - Mike Posner

To see more Top 10's of 2010, visit **metronews.ca/top10**

SOURCE: Metro Life Panel Survey, January 2011, 216 respondents

metro life panel

Canada inks deal to sell seal

Ottawa hopes new markets in Asia will offset losses from EU ban Seal meat, oil to be exported

JONATHAN HAYWARD/THE CANADIAN PRESS

A sealer drags a harp seal during the annual hunt in the Gulf of St. Lawrence.

A new trade deal with China could see the world's most populous country import Canadian seal meat and breathe new life into the ailing industry.

Federal Fisheries Minister Gail Shea announced the agreement yesterday in Beijing, where she is trying to promote Canadian seafood and seal products. She said the deal takes effect today.

"For Canada, sealing is about more than fur. The trade of other seal products represents a growing share of what is already a multi-million-dollar business," Shea said.

Cathy Towtongie, president of Nunavut Tunngavik Inc., an Inuit land-claims organization, welcomed the deal. "Inuit are always looking for new markets for our products," she said in a statement. "NTI fully supports the proposed agreement."

But animal-rights activists argue that Canadian processors could have a hard time selling the products in China. Rebecca Aldworth, a Canadian spokeswoman for the Humane Society of the United States, said she was in China in November to screen footage from last year's seal hunt off eastern Canada, and noted rising opposition to the hunt.

"I don't believe there is any future for the Canadian sealing industry in China," she said from Montreal.

THE CANADIAN PRESS

MARKETING SPECIALIST

Metro Alberta is seeking a creative, flexible and highly organized, Marketing Specialist to support the Marketing team in implementing B2B and B2C initiatives as well as locally implementing national and local initiatives. Reporting to Senior Marketing/Research Manager, the successful candidate will have the following:

PRIMARY RESPONSIBILITIES:

- Support the Marketing team in implementing B2B and B2C initiatives as well as locally implementing national and local initiatives.
- Proactively develop and update sales tools for Metro Calgary and Edmonton sales staff, including media kits and sell sheets using NADbank and other industry resources
- Focus upon local & national Readers Per Copy initiatives
- Develop a network of key contacts with local media outlets and event producers
- Data mining for sales purposes using IMS software
- Other related duties as assigned

REQUIREMENTS OF THE POSITION:

- Post secondary degree or diploma in related field preferred
- 2 years of related experience
- Knowledge of NADbank, PMB, CCAB, Comscore, Omniture; knowledge of IMS software beneficial
- Advanced PowerPoint and Excel skills
- Flexible & adaptable, creative & innovative
- Entrepreneurial spirit
- Detail-oriented and highly organized

Individuals interested and having the skills described are requested to submit their resume and cover letter via email to hr@metronews.ca no later than January 18th, 2011. PLEASE QUOTE: "Marketing Specialist - Alberta" in the subject line. All submissions will be treated as confidential.

metro

HP recommends Windows® 7 Professional.

intel CORE i5 inside™

Faster. Smarter.

DECK THE HALLS AND SHAKE THE WALLS

HP ENVY 17

GET THE MOST MIND-BLOWING SOUND FROM ONE OF THE WORLD'S FASTEST LAPTOPS FEATURING THE SMART INTEL® CORE™ i5 PROCESSOR.

HP.CA/BETTERSOUND

hp

Loonie will stay at par with U.S. dollar: Flaherty

Finance minister says high Canadian dollar reflects country's 'sound fiscal situation'

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Jim Flaherty

The Canadian loonie will hover at parity with the U.S. dollar for some time to come, and deservedly so thanks to Canada's economic strength, Finance Minister Jim Flaherty said yesterday.

"This is a new world," Flaherty told reporters after speaking about controlling debt at a think-tank discussion at the Woodrow Wilson International Center for Scholars in the U.S. capital.

The Canadian dollar hit a two-and-a-half year high earlier yesterday of $0.9848, or $1.0154 US. The loonie's been at or near parity with the U.S. currency for weeks, a state of affairs that causes headaches for Canadian exporters who get paid in American dollars.

That's why Ottawa is throwing a lifeline to exporters and manufacturers by lowering corporate taxes, reducing tariffs and extending an accelerated capital cost write-off, Flaherty said.

The finance minister also said Canada would put global financial standards in place well before deadlines imposed by the Basel Committee of international bank regulators.

The new regulations, dubbed the Basel Three, are supposed to be in place by 2019.

But Flaherty said Canada will move much faster than that.

The new standards would require banks to prepare for economic recessions by holding onto more cash and assets that can be easily sold off.

They aim to ensure taxpapers aren't on the hook when a financial institution fails.

THE CANADIAN PRESS

Keep your New Year's resolutions & $AVE
HOT BUYS

Sports Nutrition now on SALE
BOGO 50% OFF - Mix & Match
See sales associate for participating brands

GNC LiveWell.
www.gnc.ca for the location near you
170 locations coast to coast
* Offer valid Jan. 6 to 16, 2011. Offers limited to quantity on hand. Sorry no rain checks. 20% GNC Gold Card discount does not apply to our already low Hot Buy priced items.

Taxing. The world's oldest profession

▶ A sex worker advertises her wares behind red-lit windows in Amsterdam on Monday.

PETER DEJONG/THE ASSOCIATED PRESS

Prostitutes to pay taxes

Amid budget cuts and falling revenues, the Dutch government has warned prostitutes in Amsterdam's red-light district to expect a business-only visit from the taxman this year. The move is meeting with little formal opposition, even among prostitutes, though some are skeptical it can be enforced.

Market moment

Natural gas 1,000 cu ft	Dollar	Oil	TSX
$4.531 (+ 5.00¢)	+ 0.29¢ (101.33¢ US)	+ 75¢ US ($91.86 US)	+ 59.16 (13,460.21)
Gold contracts $1,385.80 (+ $1.50)			

Lululemon gear flies off shelves

Lululemon Athletica Inc. is struggling to restock shelves with its popular yoga and running gear after a better-than-expected holiday sales rush, it said yesterday.

The Vancouver-based retailer caught up to demand in the third quarter of 2010, only to fall behind again during the holiday season. Lululemon estimates that it sold over $700 million of product in fiscal 2010 — a 55 per cent increase from 2009. It says 2010 saw the highest same-store sales growth in the company's history.

THE CANADIAN PRESS

A SERIOUS CASE OF CAN'T-SIT-STILL-ITIS

He says ...

JOHN MAZEROLLE

It takes me a while to settle into a new city.

A few years will pass as I learn about its people, its feel, its rhythm. And then, suddenly, I'll be hit with the thought that always occurs to me when I realize a place, once strange, is now home: *Man, I've got to get out of here.*

Itchy feet and cabin fever don't even begin to describe what I feel in my most wanderlustful moments. Something clinical to reflect the seriousness of the condition would be more appropriate: Soulriasis, maybe.

I've been in Toronto for two and a half years and Canada, generally, for five — an unusually long time for me in both cases. Normally, when it comes to cities, I'm just a gigolo. Truth is, I've fooled around with at least one city in every province, not to mention a little something-something on the side in Africa, Europe, and New Zealand. Some towns, I don't even remember their names. "Sorry, Toronto the Good. That's just how I roll."

"I'm frankly baffled by anybody who would prefer to stay where they are."

Why do I need to get away? I barely understand the question. It's like being asked why I need to eat, or drink, or watch Futurama marathons. It's just something that needs to be done. I'm frankly baffled by anybody who would prefer to stay where they are.

My father, for one, frequently acts like there are "BEYOND THIS POINT THERE BE DRAGONS" signs greeting anyone who would dare leave New Brunswick. And he's not alone: I was once on a ferry off the coast of New Brunswick when a stranger next to me remarked how beautiful the view was. "Yes," I agreed. "I've been everywhere," the man continued. "New Brunswick, Nova Scotia. *Everywhere.* And this is the best spot."

It's not that I judge people like him, so much as I consider them part of a different species. There's a whole planet to see. Why would anyone pass that up? Am I the crazy one? Though it might seem to some like I'm running away from family or responsibilities, the truth is I'm a better person when I travel: I read more; I learn more; I live in the moment.

And I'm way more accepting of things as they are. Missing a city bus when I'm home will make me grumpy. But getting bad service in Vienna? Charming. Nearly freezing overnight in a tent in New Zealand? Awesome. Passing out from food poisoning in Zimbabwe? That's an adventure.

Sorry, Canada. It's better for both of us if I see other cities. It will just be for a few weeks this summer. I'll totally call on your birthday.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER

Nighttime is right time

Letters & Tweets

We asked: What's your favourite time of day?

@glorified_gvb: Saturday nite at 3 or 4 a.m. ... crazy late, absolutely no responsibilities at that hour.

@JBG44: evenings at Starbucks. Ever since midnight shift craving human interaction. Lots ppl at coffee shop.

Re: J.A. Zwahlen letter (Jan. 12)

RAWDON, N.S. I noted J.A. Zwahlen's objections to a cartoon by Michael de Adder. In his objection, Zwahlen suggested de Adder was confusing the anger of the tea party with hatred. I believe it's Zwahlen who is confused. There is a distinction to be made between dissatisfaction with one's government and advocating violence as part of one's dissatisfaction. Sarah Palin, Rush Limbaugh, Glenn Beck and others have blurred and, some would argue, crossed the line when it comes to offering political comment.

No one is suggesting that the concerns of the tea party aren't legitimate, however, any suggestion by either side of the political spectrum that violence is an acceptable form of voicing one's concerns is repugnant and has no place in a democracy. Tea party supporters seem to not recognize or respect that limit. **TIM MCDERMOTT**

As time goes by

What advice would you give future generations?

Email
calgaryletters@metronews.ca
Twitter
@metrocalgary

Metro has the right to edit letters and submissions.

metro

METRO CALGARY • Unit 120, 3030 - 3 Avenue NE, Calgary, AB T2A 6T7 • T: 403-444-0136 • Fax: 403-539-4940
Advertising: 403-444-0136• adinfocalgary@metronews.ca • calgary_distribution@metronews.ca
Publisher Steve Shrout, **Managing Editor** Darren Krause, **Advertising Sales Manager** Chris Mackie, **Distribution Manager** Dave Mak
METRO CANADA: Group Publisher Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Associate Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Asst Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Nat'l Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

Metro Minute at Titanic: The Musical

Attention history buffs and Broadway musical lovers.

The University of Calgary Operetta Company is presenting Titanic: The Musical, beginning today and running right through to Jan. 22.

Take some time out of your busy schedule and enjoy some song and dance in the university's campus theatre.

Ticket prices are $20 for adults and $15 for students and seniors at the campus ticket centre or at the door.

With music and lyrics by Maury Yeston, this 1997 Broadway musical is a perfect way to spend an evening on the town with family or friends.

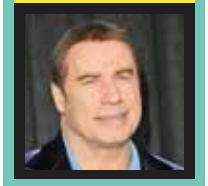
METRO

WWW.UCALGARY.CA

▶ The University of Calgary Operetta Company is presenting Titanic: The Musical through to Jan. 22.

2 scene

News in brief



John Travolta says their seven-week-old baby boy is "a new beginning" for his family.

The actor and his wife, Kelly Preston, posed with their son Benjamin for the cover of People magazine. Travolta says Benjamin has "brought us a new beginning" and "given the house a renewed spirit and purpose."

Travolta and Preston's oldest child, son Jett, died in 2008 at the age of 16. Benjamin was born in November in Florida. Preston, 48, and Travolta, 56, also have a 10-year-old daughter, Ella Bleu.

THE ASSOCIATED PRESS

Producers: 2011 Oscars will take viewers on a scenic trip through time, space and movies

French director Michel Gondry takes on his first big action film ◆ Picking a Chinese actor to play a Chinese role leads to criticism ◆ Not a fan of big sex scenes

▶ Seth Rogan stars in The Green Hornet.

How to direct a superhero

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

Eclectic French director Michel Gondry makes his first bid at a big-budget studio tent-pole with The Green Hornet, based on the 1940s radio program and 1960s TV series. Metro caught up with Gondry to discuss his sketching habit, dealing with racial issues and avoiding intimacy on screen.

Do you still create extensive storyboards for your work?

My first movie, Human Nature, I did every single shot in storyboard because the budget was small and I wanted to do everything, like a piece of Lego. Every set was conceived and done on stage. And then I realized it suffocated the actor a little bit. So since then I decided that when it concerns only the actor, I will not storyboard. It will be open to conversation at the last minute. Now when there are 10 cars flipping and exploding, and the building is exploding and falling apart, then you have to do some storyboards.

With the character of Kato, The Green Hornet has had some unpleasant racial connotations associated with it. How did you work to avoid or address those?

To me, that was the main thing. Even in the draft I had 10 years ago or 15 years ago, he was still the servant. It was very condescending to have him as the servant. That was one thing we didn't want to have in this movie. But you know what's really funny, and a thing I don't understand? People criticized us that we took a real Chinese actor — actually he's from Taiwan — to have a bigger market. But it's so funny because the problem of all the American movies I can remember is that they would never take a real Chinese person to do a Chinese character. David Carradine played Kung Fu, which was supposed to be played by Bruce Lee — it was a concept by Bruce Lee. But they didn't want him because he was too Chinese. And here we take a real Chinese actor, and people still complain. There is always room for complaint.

You've mentioned avoiding including much of a love story in this film because you thought it would be too distracting.

Not that I'm somebody pure who never sees sex in movies and everything like that, but a lot of time I feel uncomfortable when people get too intimate on the screen. I remember with Kate Winslet and Jim Carrey we had some pretty hot scenes (in Eternal Sunshine of the Spotless Mind), and once I was in there, I was, "OK, put your hand in his pants and go for it." Then when you man the camera, you go for it. But I generally don't like to watch the scene. And I remember they asked me if Kirsten Dunst could be topless, and I didn't want to ask her. They made me ask her, they forced me to ask her, the producer. And I did it, and she said to me, "No. The only director that I would get my bra off for would be (Pedro) Almodovar, not you." It was really embarrassing because I didn't want her to do it in the first place.

How many layers deep is Lindsay?

Lohan making friends with Inception star who has been sober for years

GETTY IMAGES FILE

Fresh out of rehab, Lindsay Lohan has reportedly been hanging around with Inception star Tom Hardy, according to X17 Online, though reps have denied that the sober actor is serving as Lohan's sponsor.

"Lindsay loves how Tom has been sober for years, and she wants to make sure she follows in that path. He's a good looking guy with a great career who has overcome some major obstacles," a source says.

"They're perfect together. Lindsay hopes it will turn into a serious relationship. She's really into him."

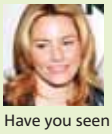
Hardy is engaged to British actress Charlotte Riley. METRO

Celebrity tweets

Lily Allen [@lily-roseallen]
I'm going for dinner but when I get back I'm gonna set a tumblr up.

Joel Madden [@Joel-Madden]
A&E reality shows are ruining my life. First 48 and hoarders. I should be sleeping.

Ryan Seacrest [@Ryan-Seacrest]
Busy day- radio- then off to a fox idol event then seeing the idol contestants..I actually packed a cooler today w veggie juices. on the run



Elizabeth Banks [@ElizabethBanks]
Have you seen the Weather Channel lately? It's the new Bob Ross of TV: pleasingly educational slightly whispered nonsense that helps me nap.
METRO

REEVES COLLEGE

From here.
To career.

The Shortest Path To A Business Career

Train today for:
- Accounting & Payroll Admin
- Computer Graphic Design
- Office Administration
- Accounting Technician
- Business Admin / E-Commerce
- Oil & Gas Administration

and more...

Most programs are 1 Year or less.

Step into the career you've been dreaming of. Call today!

learn.reevescollege.ca
1.800.710.1448

facebook .com/ReevesCollege
twitter .com/ReevesCollege
YouTube .com/ReevesCollege
myspace .com/ReevesCollege

Apartment Finder
To advertise contact Warren Smith at 403-539-4948

115 PINEGROVE CL NE
3 BD, 1.5 BATH, MAIN FLOOR
$1,000/MTH + 2/3 UTILITIES
N/S/P, AVAIL. NOW
403-807-7090

TENANTS WANT
LANDLORD TO BE OWNER MANAGER FOR PERSONAL ATTENTION & MINT CONDITION OF ACCOMMODATION, RESIDENTIAL DETACHED HOMES, LAWN & GARDEN, GARAGE, MAIL TO THEIR DOOR, SELECTIVE LOCATION WITH A BACK ALLEY, BEST VALUE FOR MONEY.
YOU TOLD ME, I LISTENED, BE AMONG MY OTHER TENANTS. ENJOY COMFORTABLE LIVING.
403-807-7090

TAKE A BREAK FROM WORK
Visit metronews.ca to watch metrotube of the day

Service Directory
To advertise contact Blaine Schlechter at 403-444-0136

FINANCIAL

NEED MONEY?
✓ No credit checks
✓ Fast approvals
Call 1 866 499-5629
And get cash now!!
www.mynextpay.com

500 loan service
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free:
1-877-776-1660
www.moneyprovider.com

AUTOMOBILE SERVICE

AXLEBENDERS PERFORMANCE
www.axlebenders.ca
Everything performance plus general repairs and maintenanence!
403.207.3555

ADMITTING YOU WANT TO WIN PRIZES & GET GREAT DISCOUNTS IS THE FIRST STEP.
JOIN CLUB METRO TODAY!
CLUBMETRO.COM

PSYCHICS

MYSTIC EYE SPIRITUAL READINGS
57 YEARS EXPERIENCE
100% Guaranteed Results
Come in today for a better tomorrow
SPECIALIZING IN REUNITING LOVED ONES
REMOVES ALL BAD LUCK SPELLS AND NEGATIVE ENERGY
1/2 price SPECIAL
Palm • Tarot • Energy Readings
403.228.2258 BY APPOINTMENT ONLY
SOLVE ALL PROBLEMS OF LIFE

3 life

Fashion rules to break in 2011

This year's coming trends may force you to disregard about 90 per cent of everything you were ever taught about clothes.

KENYA HUNT, GLOBAL FASHION DIRECTOR

Toasty texting

Last February, Annie Hemmesch, her mother and sister started selling Telefingers gloves made by threading the thumbs, pointer fingers and middle fingers with conductive material that allows wearers to use touchscreen devices while keeping their hands warm. The gloves are just one example of the influence the cold weather is having on fashion and technology.

THE ASSOCIATED PRESS

London-based Canadian designer Mark Fast teams with Danier for new collection

▶ Prada

Jil Sander

1 Never wear horizontal stripes

Fashion puritans of yore dictated that stripes would only make you look about 10 pounds heavier. Then fashion's craze for Breton tops happened and it paved the way for a full-blown explosion of stripes that started on the spring/summer '11 runways and is coming to a store near you. Stripes are now perfectly fashionable on work suits (Prada) or slouchy tank-dresses (Jil Sander).

▶ Alexander Wang

Celine

2 Never wear white in winter

Ignore the stiff sartorial moralist tsk-tsking in your ear as you reach for that white dress in your closet. This month, we strongly encourage you to wear ivory. The non-colour will be bigger than big this year; nearly every brand showed a series of covetable white looks for spring/summer '11. But it's not limited to hot summer days. Alexander Wang and Celine are just a few brands that churned out ivory coats, trousers and sweaters that would look perfectly cool now.

▶ Chloé

Givenchy

3 Always wear a slip

Back in 1980, a young soon-to-be Princess Diana caused an uproar when paparazzi snapped her in the park. The sunlight revealed that she was wearing no slip to hide her legs beneath a sheer skirt. Today she'd be applauded for it. The floaty, see-through skirts and dresses headed our way this year are meant to show a little leg. Not that you need to show your panties to all the world – try silk shorts instead.

Condo tricks of the trade: Jackie Di Cara

DECOR MOMENT

KARL LOHNES
HOME@
METRONEWS.CA

A standard apartment-style condo is given the designer touch.

There are many things to consider when purchasing an older condo and one of the largest is how to make it your own by putting a personal decor stamp of style on it.

When the homeowner of this downtown condo purchased the dated space, it seemed the outdated and unchangeable finishes, like stuccoed ceilings, horizontal windows and parquet flooring, could never become the urban and stylish home she had envisioned. Enter Toronto interior designer Jackie Di Cara. Her client was actually using a search engine on the Internet and found Jackie listed.

She knew as soon as she saw Jackie's work that she had found all the help she needed to transform her outdated downtown condo into a cool, urban space.

Jackie's practical and efficient furniture layout and thoughtful decorating ideas and tricks helped to make a dated space look like a super-stylish home.

Living area

Low built-ins were installed under the horizontal window ledge to create much needed storage and to serve as a display shelf for artwork and decorative items.

"The view was completely undesirable, so I used the old trick of bringing the focal point forward so that the eye stops at an interesting painting or items rather than looking outside."

Simple window treatments offer privacy and diffuse the view while still allowing light to flow into the living area.

Not hanging drapery panels helped to keep a clean, modern feeling to the room.

Textured seagrass wallpaper creates an unexpected focal wall that grounds the heaviest piece of furniture and also the piano. The texture of the grasscloth draws attention away from the texture of the stippled ceiling.

Jackie floated an open-backed chaise lounge in the open-concept space. It allows guests to sit facing the living area or kitchen. Another sofa could have been added, but its high back would have blocked the visual flow into the living area and made the space feel smaller.

A generous area rug ties all the furniture together in the living area, leaving the rest of the floor areas bare to show off the newly re-stained parquet flooring.

A dark walnut stain colour gave the room a sophisticated feel and the much need change from the original golden oak colour.

Colours

Jackie kept the colour scheme very classic and restrained. Grey, cream browns with a hint of fashionable yellow and raspberry to make the room feel trendsetting.

The artwork is fabric that Jackie found while shopping for pillow fabrics. She framed the fabric and used it as art.

Dining area

The dining area was a tough space to furnish. It's the first thing you see when you enter the apartment and had a walkway through it that went into a bed and bath area. By grounding the offset table with a hanging light fixture and placing artwork, Jackie gives the illusion that the table was always meant to be offset in the space.

The alcove area was wallpapered in a geometric pattern in order to offer a modern vibe to the space, and an old art deco chest was purchased to hold dining room accessories. It's a great focal point when guests enter the condo.

Alberta Security Training Academy

Women's Self Defence - The time is now!

- Build confidence
- Protect Yourself and Your Family
- Learn Practical Safety Techniques
- Pressure Point Applications
- Identifying Potential Dangers
- Strike and Escape

Next available classes starting January 2011

Call 403.453.1186 • 1314B 17th Ave SW
www.albertasecuritytrainingacademy.ca • info@albertasecuritytrainingacademy.ca

RIDE AND WIN AT COP!

CJAY 92, METRO AND BURTON WANT YOU TO GET OUT AND SHRED THE SLOPES AT CANADA OLYMPIC PARK.

PURCHASE ANY SNOWBOARD PROGRAM AT COP BETWEEN JANUARY 10 - FEBRUARY 4 AND YOU'RE AUTOMATICALLY ENTERED IN THE GRAND PRIZE DRAW FOR A PRIZE PACKAGE COURTESY OF BURTON!

GRAND PRIZE PACKAGE

- BURTON WHEELIE SUB AND WHEELIE OVERNIGHT LUGGAGE SET
- COP SEASON PASS
- HILL TICKETS FOR 8 FRIENDS

CANADA OLYMPIC PARK · winSPORT CANADA · metro · CJAY92 EVERYTHING THAT ROCKS · BURTON

REGISTER TODAY!
VISIT WINSPORTCANADA.CA
OR CALL 403.247.5452

CANO 2011
CANADIAN OPEN SNOWBOARDING CHAMPIONSHIPS
FEB 3 – 5
HALFPIPE AND SLOPESTYLE
OPENSNOWBOARDING.COM
CANADA OLYMPIC PARK
SPONSOR VILLAGE
LIVE ENTERTAINMENT
DURTON · Rohance · SAMSUNG mobile · SNOWBOARD · CONTOUR · VISITCALGARY.COM

Boxwood nurtures diners & environment

ANDREE LAU

▶ The porchetta sandwich from Boxwood.

This sustainable eatery offers sandwiches, salads and desserts

LUNCH RUSH

ANDREE LAU
FOOD@METRONEWS.CA

Run by the same owner of River Café, the more casual Boxwood highlights wholesome dishes and Alberta ingredients.

The short lunch menu features three sandwiches ($10), all on chewy house-made ciabatta.

Fresh from the prominent rotisserie, moist organic chicken is dressed with preserved lemon and basil aioli and accessorized with thick-sliced tomatoes.

The spit-roasted porchetta sandwich is full of flavour, thanks to unapologetic pieces of fat (as it should be), caramelized onion and baby arugula.

Vegetarians are also well-served here. Toasted pecans and a gruyere-like cheese from B.C. elevate the mixed greens ($8) with pear vinaigrette.

A perfect apple sticky toffee pudding ($7) gets support from poached quince and crème fraiche.

An adorable building in Central Memorial Park, Boxwood takes the environment seriously by filtering water onsite, using recycled materials and cutting its energy and water use.

Boxwood
340 13th Ave., S.W.
403-265-4006
boxwood.ca
Rating 4.5 out of 5
Price range: $4 - $10

LARRY CROWE/ THE ASSOCIATED PRESS

Cashew Chicken

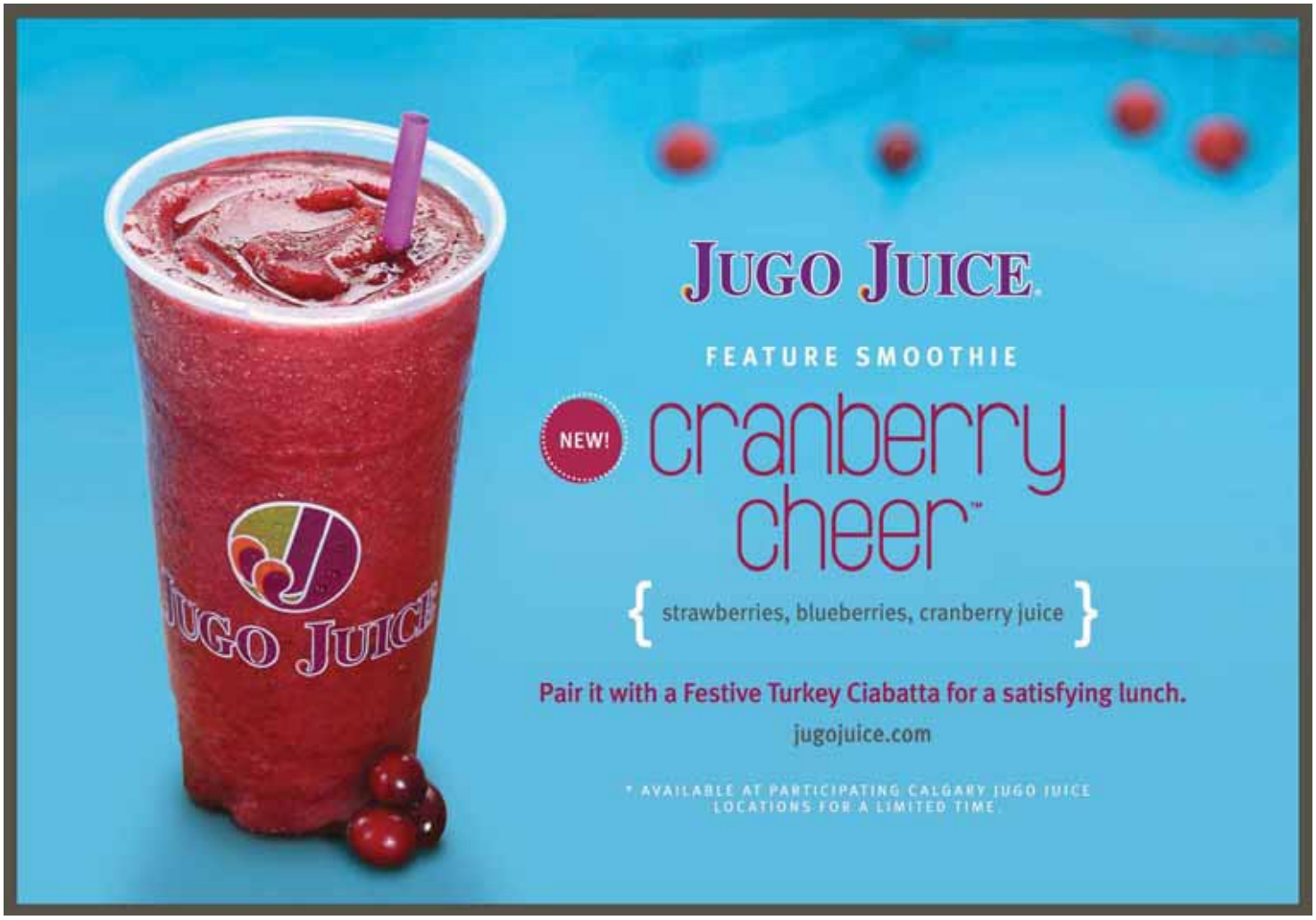
Ingredients:

- 30 ml (2 tbsp) oyster sauce
- 30 ml (2 tbsp) soy sauce
- 5 ml (1 tsp) sugar
- 2 ml (1/2 tsp) ground white pepper
- 30 ml (2 tbsp) rice wine
- 10 ml (2 tsp) sesame oil
- 30 ml (2 tbsp) vegetable oil
- 450 g (1 lb) boneless, skinless chicken breasts, cubed
- 2 green bell peppers, cored and cut into chunks
- 1 small yellow onion
- 10 ml (2 tsp) grated fresh ginger
- 250 ml (1 cup) unsalted cashews

Preparation:

1. In a bowl, whisk together oyster sauce, soy sauce, sugar, white pepper, rice wine and sesame oil. Set aside.
2. In a large, deep skillet or wok over medium-high, heat the vegetable oil until shimmering. Add the chicken and stir-fry until lightly browned, 2 to 3 minutes. It should not be completely cooked through yet.
3. Add the green peppers, onion and fresh ginger. Stir-fry until the chicken is cooked through and the onions are translucent, about another 5 to 6 minutes.
4. Stir in sauce and the cashews, coating all ingredients.

THE ASSOCIATED PRESS



James revels in Cavs' epic loss

LeBron James has tweaked Dan Gilbert — and the Cavaliers owner's miserable NBA team — with a pointed tweet.

As his former teammates were absorbing a 55-point loss to the Los Angeles Lakers on Tuesday night, James fired off a message on his Twitter account that seemed to be directed at Gilbert.

James wrote: "Crazy. Karma is a b****... Gets you every time. Its not good to wish bad on anybody. God sees everything!"

In July, after James announced he was leaving for Miami, Gilbert wrote a scathing letter to Cleveland fans questioning the two-time MVP's character and predicted he would take Cleveland's curse with him "down south ... James will unfortunately own this dreaded spell and bad karma."

The 112-57 loss to the Lakers was the Cavs' 11th straight and their most lopsided since joining the league in 1970.

James and Gilbert have been at odds since James joined fellow superstars Dwyane Wade and Chris Bosh in Miami.

Little has gone right this season for Cleveland. In their loss to the Lakers, the Cavs played three rookies for long stretches due to injuries, establishing a team record for fewest points. THE ASSOCIATED PRESS

GREG FIUME/GETTY IMAGES

▶ LeBron James during warmup before a game in Washington in December.

Sharks struggling to find their bite

EZRA SHAW/GETTY IMAGES

▶ Dany Heatley struggles with Pavel Datsyuk of the Detroit Red Wings during a Sharks loss in November.

'Sometimes it's not all bad to get kicked in the ass,' says GM Wilson

This is when Doug Wilson figures he'll truly find out what the San Jose Sharks are made of.

Locked in a five-game losing streak, occupying unfamiliar territory outside of the Western Conference playoff picture, times are pretty tough for the men in teal and black.

Rather than being completely discouraged by the current rut, the general manager is choosing to look at it as an important opportunity for a franchise that is accustomed to comfortably waltzing into the post-season each year — only to fall short.

"In the past, sometimes things have come too easy," Wilson said this week in an interview. "The one year, in March and April we didn't lose in 20 games ... You can't just flip a switch late in the year and say, 'Oh, now we're going to start doing things the right way.'"

There is plenty of time left to salvage the season. Yesterday morning, the Sharks found themselves two points out of eighth place in the bunched-up Western Conference and they still had 38 games left on the schedule.

It has been a strange year for the Sharks, who were a 100-point team five of the last six seasons. They are on pace for 88 points this year. THE CANADIAN PRESS

Labinjo on his way to Montreal

The Calgary Stampeders acquired future considerations from the Montreal Alouettes for Canadian defensive end Mike Labinjo in a trade announced yesterday by the CFL clubs.

The six-foot-one, 288-pound Labinjo spent the past four seasons with the Stampeders, winning the 2008 Grey Cup against the Alouettes.

The 30-year-old also played eight games with the NFL's Philadelphia Eagles between 2004 and 2005 and two games with the Indianapolis Colts in 2005. He spent time with the Miami Dolphins, too.

44 In 44 career games, 28 of them starts, Labinjo recorded 61 defensive tackles, seven special teams tackles, six sacks, nine tackles for a loss of 34 yards, seven knockdowns and two fumble recoveries.

"We are excited to give Mike Labinjo a chance to compete for a job on our defensive line and work with coach Mike Sinclair," Alouettes GM Jim Popp said in a release. "Last season, Mike took a step back due to battling the injury bug, but we have high hopes he can recapture those moments of dominance that he has (shown) at times with Calgary." THE CANADIAN PRESS

GETTY IMAGES

▶ Mike Labinjo

Sports in brief

Sanchez says sore shoulder feels better

NFL. New York Jets quarterback Mark Sanchez said his sore right shoulder is feeling the best it has in three or four weeks.

He participated in a full practice yesterday for the first time in nearly a month. THE ASSOCIATED PRESS

Canadians advance

TENNIS. Canadians Frank Dancevic, Peter Polansky and Milos Raonic advanced to the second round of Australian Open qualifying with straight-set victories yesterday.

Dancevic next plays Evgeny Korolev of Kazakhstan. Polansky takes on Jesse Huta Galong from Netherlands and Raonic faces Croat Nikola Mektic next round. THE CANADIAN PRESS

4 sports

Quoted

"Really, the one word that kept recurring was how thankful I was to be a part of Major League Baseball, how thankful I was to be able to put a uniform on and be a kid until I was 43, to be a part of the baseball family."

BASEBALL'S ALL-TIME SAVES LEADER TREVOR HOFFMAN, WHO ANNOUNCED HIS RETIREMENT YESTERDAY IN SAN DIEGO.

ACCESS LEGAL RESEARCH INC.
CRIMINAL PARDONS/ U.S WAIVER
NO FAULT DIVORCE
DEBT COLLECTION
OPEN SATURDAY BY APPOINTMENT
CALL 403.228.1300

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	42	27	10	2	3	142	109	59	13-6-0-2	14-4-2-1	7-3-0-0	W4
d-Tampa Bay	44	26	13	3	2	131	137	57	13-3-1-1	13-10-2-1	7-3-0-0	W1
d-Boston	42	23	12	2	5	123	93	53	10-7-1-2	13-5-1-3	6-1-1-2	W2
Pittsburgh	45	27	14	2	2	143	107	58	14-9-1-0	13-5-1-2	4-4-0-2	W1
Washington	44	24	13	4	3	126	116	55	15-4-2-3	9-10-1-0	6-1-2-1	L2
NY Rangers	44	25	16	2	1	127	109	53	10-9-1-1	15-7-1-0	5-3-1-1	L1
Montreal	44	24	17	3	0	108	105	51	14-6-3-0	10-11-0-0	5-4-1-0	L1
Atlanta	45	22	16	3	4	140	140	51	11-8-1-2	11-8-2-2	3-5-2-0	L2
Carolina	42	21	15	2	4	127	128	48	10-7-1-1	11-8-1-3	7-1-2-0	W4
Buffalo	42	18	19	5	0	115	124	41	9-11-1-0	9-8-4-0	5-4-1-0	L1
Florida	41	19	20	1	1	113	109	40	9-8-1-1	10-12-0-0	4-4-1-1	W1
Toronto	42	18	20	2	2	112	125	40	9-10-2-1	9-10-0-1	6-4-0-0	W4
Ottawa	43	16	21	4	2	93	132	38	9-12-1-1	7-9-3-1	3-5-1-1	L6
NY Islanders	41	13	21	3	4	97	134	33	7-7-1-3	6-14-2-1	6-3-0-1	L2
New Jersey	42	11	29	1	1	78	133	24	7-13-1-1	4-16-0-0	2-8-0-0	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	42	28	8	3	3	145	103	62	15-3-1-2	13-5-2-1	9-0-0-1	W1
d-Detroit	43	27	11	4	1	149	123	59	13-5-3-1	14-6-1-0	6-3-1-0	L1
d-Dallas	44	26	13	1	4	127	120	57	13-6-1-3	13-7-0-1	5-3-0-2	W2
Nashville	42	23	13	4	2	111	98	52	11-4-3-2	12-9-1-0	6-4-0-0	W6
Phoenix	43	21	13	6	3	121	123	51	8-5-3-2	13-8-3-1	6-2-1-1	W2
Chicago	45	24	18	2	1	140	121	51	15-10-0-0	9-8-2-1	6-4-0-0	W3
Colorado	44	22	16	6	0	144	142	50	12-8-3-0	10-8-3-0	3-5-2-0	L1
Anaheim	45	23	18	2	2	117	123	50	15-7-0-1	8-11-2-1	6-4-0-0	W2
Los Angeles	42	23	18	1	0	126	108	47	14-7-1-0	9-11-0-0	4-6-0-0	L1
Minnesota	43	21	17	1	4	108	123	47	10-10-0-2	11-7-1-2	5-3-1-1	L2
San Jose	44	21	18	4	1	121	122	47	10-8-2-1	11-10-2-0	3-7-0-0	L5
St. Louis	41	20	15	2	4	110	116	46	14-7-0-2	6-8-2-2	5-4-0-1	L4
Columbus	43	20	20	2	1	110	134	43	11-10-0-1	9-10-2-0	3-7-0-0	L5
Calgary	43	18	20	1	4	117	129	41	11-8-0-1	7-12-1-3	4-4-0-2	L4
Edmonton	41	13	21	1	6	103	141	33	7-11-1-2	6-10-1-3	1-7-0-2	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Pittsburgh 5 Montreal 2
Chicago 4 Colorado 0
Tampa Bay 3 Washington 0
St. Louis at Anaheim
Tuesday's results
Boston 6 Ottawa 0
Carolina 6 Calgary 5 (SO)
Dallas 3 Edmonton 2
Montreal 2 N.Y. Rangers 1
Toronto 4 San Jose 2
Vancouver 4 N.Y. Islanders 3 (SO)
Florida 4 Washington 3 (OT)
Nashville 5 Minnesota 1
Philadelphia 5 Buffalo 2
Phoenix 4 Columbus 3
Tonight's games
All Times Eastern
Philadelphia at Boston, 7 p.m.
Carolina at Buffalo, 7 p.m.
Ottawa at N.Y. Islanders, 7 p.m.
Vancouver at N.Y. Rangers, 7 p.m.
Nashville at Florida, 7:30 p.m.
Toronto at Phoenix, 9 p.m.
St. Louis at Los Angeles, 10:30 p.m.
Edmonton at San Jose, 10:30 p.m.

PENGUINS 5, CANADIENS 2

First Period
1. Pittsburgh, Goligolski 8 (Kunitz, Letestu) 12:57
2. Montreal, Plekanec 13 (Darche, Pouliot) 13:15
Penalties — Goligoski Pgh (hooking) 0:39, Letang Pgh (slashing) 9:42.
Second Period
3. Montreal, Desharnais 1 (Subban, Pyatt) 2:15
4. Pittsburgh, Kennedy 7 (Letang, Staal) 4:12 (pp)
5. Pittsburgh, Staal 1, 19:49 (pp)
Penalties — Darche Mtl (high-sticking) 3:04, Wisniewski Mtl (slashing) 9:59, Montreal bench (too many men; served by Pacioretty) 18:20.
Third Period
6. Pittsburgh, Goligoski 9 (Staal, Letang) 2:33 (pp)
7. Pittsburgh, Kunitz 14 (Letang, Goligoski) 11:29 (pp)
Penalties — Pouliot Mtl (hooking) 1:11, Pouliot Mtl (slashing) 4:40, Letestu Pgh, Subban mtl (fighting) 6:50, Wisniewski Mtl (hooking) 10:09, Orpik Pgh, Gomez Mtl (roughing) 12:26, Goligoski Pgh (hooking) 18:57.
Shots

Pittsburgh	9	14	13	—36
Montreal	6	9	7	—22

Goal — Pittsburgh: Fleury (W,19-11-2); Montreal: Price (L,21-15-3). **Power plays (goals-chances)** — Pittsburgh: 4-6; Montreal: 0-3.
Referees — Eric Furlatt, Justin St-Pierre.
Linesmen — David Brisebois, Steve Miller.
Att. — 21,273 (21,273) at Montreal.

LATE TUESDAY

MAPLE LEAFS 4, SHARKS 2

First Period
1. San Jose, Marleau 16 (Thornton, Demers) 10:12
Penalties — None.
Second Period — No Scoring.
Penalties — Nichol SJ (holding) 1:54, Orr Tor (kneeing) 9:25, Phaneuf Tor (holding) 11:15, Boyle SJ (slashing) 11:48, Kessel Tor (hooking) 12:28, Beauchemin Tor (cross-checking) 15:46, Heatley SJ (hooking) 17:15.
Third Period
2. Toronto, Kessel 19 (Bozak, Crabb) 3:27
3. Toronto, MacArthur 13 (Kaberle, Kulemin) 7:30 (pp)
4. San Jose, Marleau 17 (Thornton) 8:35
5. Toronto, Gunnarsson 2 (Phaneuf, Armstrong) 10:10
6. Toronto, MacArthur 14 (Grabovski, Kulemin) 19:21 (en)
Penalty — Wallin SJ (interference) 7:12.
Shots

Toronto	8	12	6	—26
San Jose	13	21	8	—42

Goal — Toronto: Reimer (W,4-1-0); San Jose: Niemi (L,9-13-2). **Power plays (goals-chances)** — Toronto: 1-3; San Jose: 0-4.
Referees — Paul Devorski, Kyle Rehman.
Linesmen — Lonnie Cameron, Jay Sharrers.
Att. — 17,562 (17,562) at San jose, Calif.

SCORING LEADERS

	G	A	PT
Crosby, Pgh	32	34	66
Stamkos, TB	31	26	57
D.Sedin, Vcr	25	30	55
H.Sedin, Vcr	9	46	55
St. Louis, TB	18	35	53
B.Richards, Dal	18	32	50
Zetterberg, Det	16	33	49
Eriksson, Dal	16	31	47
Perry, Ana	21	24	45
Kopitar, LA	15	30	45
Ovechkin, Wash	15	30	45

Not including last night's games

TRANSACTIONS

BASEBALL

AMERICAN LEAGUE
DETROIT TIGERS — Agreed to terms with OF Ryan Raburn on a two-year contract.

NATIONAL LEAGUE
CHICAGO CUBS — Agreed to terms with C Koyie Hill on a one-year contract and OF Reed Johnson on a minor league contract.
NEW YORK METS — Agreed to terms with LHP Taylor Tankersley on a minor league contract.

FOOTBALL

NFL
NEW YORK JETS—Placed RT Damien Woody on injured reserve. Signed WR Patrick Turner from the practice squad.

HOCKEY

NHL
COLUMBUS BLUE JACKETS — Assigned G David LeNeveu to Springfield (AHL).
NASHVILLE PREDATORS — Signed F Jerred Smithson to a two-year contract.
OTTAWA SENATORS — Recalled G Robin Lehner and F Corey Locke from Binghamton (AHL) on an emergency basis. Reassigned G Mike Brodeur and F Jim O'Brien to Binghamton.

AHL
HAMILTON BULLDOGS — Assigned D David Urquhart to Wheeling (ECHL).
HOUSTON AEROS — Returned C Brock McBride to Elmira (ECHL).

LACROSSE

MLL
TORONTO NATIONALS — Announced the resignation of coach Dave Huntley.

SOCCER

MLS
FC DALLAS — Signed F Jonathan Top.
NEW ENGLAND REVOLUTION — Re-signed M Chris Tierney.
RED BULL NEW YORK — Named Mike Petke individual developmental coach and business operations manager.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	1	1	0	1.000	13	7	—
Rochester	1	1	0	1.000	11	10	—
Boston	1	1	0	1.000	10	6	—
Buffalo	1	0	1	.000	9	10	1
Philadelphia	1	0	1	.000	6	10	1

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Calgary	2	2	0	1.000	23	20	—
Washington	2	1	1	.500	22	23	1
Colorado	1	0	1	.000	10	11	1½
Minnesota	1	0	1	.000	10	11	1½
Edmonton	1	0	1	.000	7	13	1½

WEEK ONE
Sunday's result
Calgary 13 Washington 11
WEEK TWO
Friday's game
Minnesota at Washington, 11 p.m.
Saturday's game
Edmonton at Boston, 7:30 p.m.
Buffalo at Philadelphia, 7:30 p.m.
Toronto at Rochester, 7:35 p.m.
Colorado at Calgary, 9:30 p.m.

TENNIS

ATP HEINEKEN OPEN
At Auckland, New Zealand
Yesterday's results
Singles — Second Round
David Ferrer (1), Spain, def. Tobias Kamke, Germany, 3-6, 7-6 (1), 6-4.
Nicolas Almagro (2), Spain, def. Victor Hanescu, Romania, 6-4, 7-6 (3).
John Isner (3), U.S., def. Robin Haase, Netherlands, 3-6, 7-6 (4), 7-5.
Santiago Giraldo, Colombia, def. Alberto Montanes (4), Spain, 6-3, 4-6, 6-4.
David Nalbandian (6), Argentina, def. Philipp Petzschner, Germany, 6-3, 6-2.
Thomaz Bellucci (7), Brazil, def. Tommy Robredo, Spain, 6-4, 3-6, 6-1.
Philipp Kohlschreiber (8), Germany, def. Marcel Granollers, Spain, 6-4, 3-6, 6-2.
Adrian Mannarino, France, def. Arnaud Clement, France, 7-5, 6-4.

ATP-WTA SYDNEY INTERNATIONAL
At Sydney, Australia
Yesterday's results
MEN
Singles — First Round
Gilles Simon, France, def. Yen-hsun Lu (8), Taiwan, 6-0, 6-3.
Alexandr Dolgopolov, Ukraine, def. Bernard Tomic, Australia, 6-7 (3), 6-1, 6-2.
Second Round
Alexandr Dolgopolov, Ukraine, def. Sam Querrey (1), United States, 6-4, 6-3.
Ernests Gulbis (3), Latvia, def. Igor Andreev, Russia, 2-6, 6-4, 6-3.
Viktor Troicki (4), Serbia, def. Juan Ignacio Chela, Argentina, 6-2, 6-3.
Richard Gasquet (5), France, def. Andreas Seppi, Italy, 3-6, 7-5, 6-4.
Sergiy Stakhovsky, Ukraine, def. Guillermo Garcia-Lopez (7), Spain, 6-3, 6-4.
Gilles Simon, France, def. Frederico Gil, Portugal, 6-1, 6-3.
Florian Mayer, Germany, def. Juan Martin Del Potro, Argentina, 6-2, 7-5.
Potito Starace, Italy, def. Lukasz Kubot, Poland, 7-6 (5), 2-6, 6-3.
WOMEN
Singles — Quarter-finals
Kim Clijsters (3), Belgium, def. Victoria Azarenka (7), Belarus, 6-3, 6-2.
Li Na (8), China, def. Svetlana Kuznetsova, Russia, 3-6, 7-6 (4), 6-3.
Bojana Jovanovski, Serbia, def. Flavia Pennetta, Italy, 6-4, 6-1.
Alisa Kleybanova, Russia, def. Dominika Cibulkova, Slovakia, 6-3, 5-7, 6-2.

NFL

DIVISIONAL PLAYOFFS
Saturday's games
All times Eastern
AFC
Baltimore at Pittsburgh, 4:30 p.m.
NFC
Green Bay at Atlanta, 8 p.m.
Sunday, Jan. 16
NFC
Seattle at Chicago, 1 p.m.
AFC
N.Y. Jets at New England, 4:30 p.m.

CONFERENCE CHAMPIONSHIPS
Sunday, Jan. 23
NFC, 3 p.m.
AFC, 6:30 p.m.

PRO BOWL
Sunday, Jan. 30
At Honolulu
AFC vs. NFC, 7 p.m.

SOCCER

ENGLAND

CARLING CUP
SEMIFINALS — FIRST LEG
Yesterday's results
Ipswich 1 Arsenal 0

PREMIER LEAGUE

Team	GP	W	D	L	GF	GA	Pts
Man United	20	12	8	0	43	19	44
Man City	22	12	6	4	33	16	42
Arsenal	21	12	4	5	42	22	40
Tottenham	21	10	6	5	31	25	36
Chelsea	21	10	5	6	36	19	35
Sunderland	22	8	9	5	25	22	33
Bolton	22	7	9	6	34	29	30
Newcastle	21	8	4	9	34	31	28
Blackpool	20	8	4	8	29	33	28
Blackburn	22	8	4	10	29	35	28
Stoke	21	8	3	10	26	26	27
Everton	21	5	10	6	23	25	25
Liverpool	21	7	4	10	25	29	25
Fulham	21	4	10	7	22	24	22
Birmingham	20	4	10	6	20	25	22
West Brom	21	6	4	11	26	39	22
Wolverhampton	21	6	3	12	21	34	21
Aston Villa	21	5	6	10	23	38	21
Wigan	21	4	9	8	18	33	21
West Ham	22	4	8	10	22	38	20

Yesterday's results
Blackpool 2 Liverpool 1

ITALY

ITALIAN CUP
ROUND OF 16
Yesterday's results
Inter Milan 3 Genoa 2
Palermo 1 Chievo Verona 0

SCOTLAND

SCOTTISH CUP
THIRD ROUND REPLAY
Yesterday's results
Threave Rovers 1 Stenhousemuir 5

PREMIER LEAGUE

Team	GP	W	D	L	F	A	Pts
Celtic	19	13	4	2	40	14	43
Rangers	16	13	2	1	39	17	41
Hearts	19	12	3	4	33	15	39
Kilmarnock	19	9	3	7	32	21	30
Inverness	19	7	6	6	30	25	27
Motherwell	19	7	3	9	24	25	24
Dundee United	17	6	6	5	20	23	24
St. Johnstone	17	5	3	9	12	25	18
Aberdeen	19	5	2	12	19	38	17
Hibernian	19	4	4	11	21	32	16
St. Mirren	19	4	4	10	17	33	16
Hamilton	18	2	6	10	12	31	12

Yesterday's results
Dundee United 2 Motherwell 0
Hamilton 1 Celtic 1

SPAIN

COPA DEL REY
FIRST LEG — QUARTER-FINALS
Yesterday's results
Barcelona 5 Real Betis 0
Villarreal 3 Sevilla 3

ASIAN CUP
Yesterday's results
At Doha, Qatar
Uzbekistan 2 Kuwait 1
At Doha, Qatar
Qatar 2 China 0

FOOTBALL

NCAA
All Times Eastern
Saturday, Jan. 22
At Orlando, Fla.
East-West Shrine Classic, 4 p.m.
Saturday, Jan. 29
At Mobile, Ala.
Senior Bowl, 4 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Miami	30	9	.769	—
d-Boston	29	9	.763	½
d-Chicago	25	13	.658	4½
Orlando	25	13	.658	4½
Atlanta	26	14	.650	4½
New York	22	16	.579	7½
Indiana	16	20	.444	12½
Charlotte	15	21	.417	13½
Philadelphia	15	23	.395	14½
Milwaukee	14	22	.389	14½
Toronto	13	25	.342	16½
Detroit	12	26	.316	17½
Washington	10	26	.278	18½
New Jersey	10	28	.263	19½
Cleveland	8	30	.211	21½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	33	6	.846	—
d-L.A. Lakers	28	11	.718	5
Dallas	26	11	.703	6
d-Oklahoma City	26	13	.667	7
d-Utah	26	13	.667	7
New Orleans	23	16	.590	10
Denver	21	16	.568	11
Portland	20	19	.513	13
Memphis	18	21	.462	15
Houston	17	22	.436	16
Phoenix	16	21	.432	16
Golden State	15	22	.405	17
L.A. Clippers	12	24	.333	19½
Minnesota	9	30	.231	24
Sacramento	8	28	.222	23½

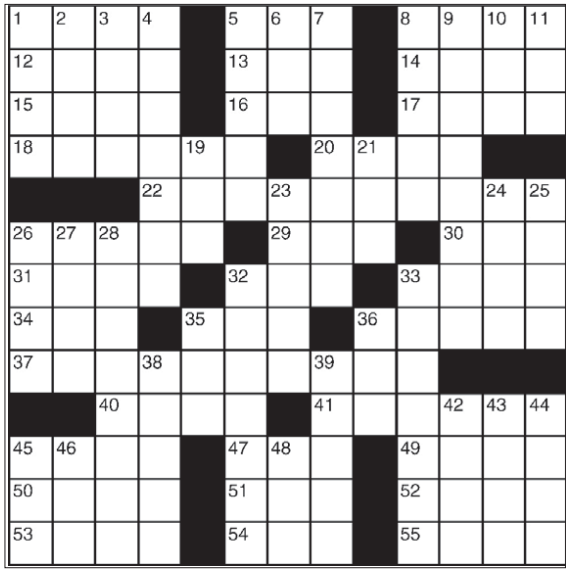
d — division leader
Last night's results
Charlotte 96 Chicago 91
Indiana 102 Dallas 89
Atlanta 104 Toronto 101
Boston 119 Sacramento 95
Memphis 107 Detroit 99
San Antonio 91 Milwaukee 84
New Orleans 92 Orlando 89 (OT)
Oklahoma City 118 Houston 112
Phoenix 118 New Jersey 109 (OT)
Utah 131 New York 125
L.A. Lakers at Golden State
Miami at L.A. Clippers
Tuesday's results
Indiana 111 Philadelphia 103
Washington 136 Sacramento 133 (OT)
Milwaukee at Atlanta (ppd.)
San Antonio 107 Minnesota 96
Denver 132 Phoenix 98
New York 100 Portland 86
L.A. Lakers 112 Cleveland 57
Tonight's games
All Times Eastern
Washington at Minnesota, 8 p.m.
Orlando at Oklahoma City, 8 p.m.
Miami at Denver, 10:30 p.m.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	34	318	267	960	28.2
Stoudemire, NYK	37	365	232	968	26.2
James, MIA	39	336	264	988	25.3
Ellis, GOL	37	347	176	933	25.2
Wade, MIA	37	320	251	923	24.9
Bryant, LAL	39	340	236	970	24.9
Rose, CHI	36	324	170	876	24.3
Nowitzki, DAL	29	260	153	700	24.1
Anthony, DEN	30	249	203	718	23.9
Gordon, LAC	34	266	209	800	23.5
Martin, HOU	37	249	280	859	23.2
Westbrook, OKC	38	283	254	831	21.9
Williams, UTA	38	264	237	830	21.8
Griffin, LAC	36	299	182	784	21.8
Bargnani, TOR	31	253	123	667	21.5
Howard, ORL	35	259	223	741	21.2
Love, MIN	39	274	222	824	21.1
Gay, MEM	36	290	128	756	21.0
Granger, IND	34	250	139	713	21.0
Beasley, MIN	37	310	118	772	20.9
Aldridge, POR	39	318	158	797	20.4
Randolph, MEM	34	270	122	665	19.6
Scola, HOU	38	301	125	727	19.1
Pierce, BOS	37	244	164	703	19.0
Ginobili, SAN	38	221	187	721	19.0
Jackson, CHA	33	217	117	619	18.8
West, NOR	37	279	130	690	18.6
Gasol, LAL	39	275	166	716	18.4
Bosh, MIA	39	274	165	716	18.4
Lopez, NJN	37	241	192	674	18.2

Not including last night's games

Crossword



Across
1 Cherished one
5 Pitch
8 Praise to the skies
12 Advantage
13 Hasten
14 Therefore
15 Musicians Kings of —
16 Peculiar
17 Rue the run
18 Not idling
20 Pulverize
22 January and February
26 Oil of roses
29 Overactor
30 Winery vessel
31 Sense
32 Chop
33 Transcending (Pref.)
34 Prior to
35 Oft-tattooed word
36 Chart holder
37 Glazier's item
40 Bedouin
41 One of the Royal Family
45 Meditation method
47 Type squares
49 Reverberate
50 Still
51 Asian language
52 Prophet
53 Picnic spot
54 Prune
55 Salver

Down
1 Sandwich shop
2 Paradise
3 Enthusiastic
4 Non-cancellation
5 Rose's protector
6 Help
7 Beef, e.g.
8 Minimum
9 Sites for public records
10 "Yecch!"
11 Fawn's mama
19 Atmosphere
21 Branch
23 Hit with a dull sound
24 Partner
25 List-ending abbr.
26 Some
27 Hatcher or Garr
28 Adolescent
32 Metallic percussion instrument
33 "She Done Him Wrong" star
35 Extinct bird
36 Conclusion
38 Imbibed
39 Man of morals?
42 Big name in desktop computers
43 Comical Caroline
44 "Finding Nemo" fish voiced by Ellen DeGeneres
45 "Uh-huh"
46 Eggs
48 Long March leader

▶ Yesterday's answer

Sudoku

1			8		7			
8	4						2	5
	5			4		6		
	1		2	3				4
		4				5		
2				8	6		7	
		1		2			8	
3	9						4	7
			3		9			6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	7	1	8	9	4	3	6	5
9	6	4	1	3	5	8	2	7
3	8	5	2	6	7	9	4	1
1	2	7	6	5	3	4	8	9
8	5	9	4	1	2	7	3	6
6	4	3	7	8	9	1	5	2
7	9	8	3	2	6	5	1	4
4	3	2	5	7	1	6	9	8
5	1	6	9	4	8	2	7	3

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

We love you Daddy!!
NOAH & COHEN XO

To my elskling,
Thank you so much for being there for me, and for striving to be better for me. I just wanted to tell you and the entire Metro readership how much you mean to me, and how much I absolutely adore you.
LOVE YOU, SLEIPNIR

Happy 30th birthday David! Sending you kisses and hugs! I love u! XOXO,
KAT

Mr. Gerry,
Thanks for being such a wonderful, passionate man. I'm so lucky to have met you! XOXO **JENNY**

Mikey, you turned my world right side up once we met, I can't wait to be married to you! xoxoxoxox I love you with all my heart! -
YOUR STARFISH

A look at the weather

TODAY	FRIDAY	SATURDAY
Min -22° Max -19°	Min -17° Max -5°	Min -17° Max -5°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Lead by example today. Simply issuing orders and expecting others to carry them out is not going to succeed, especially at work where you are more likely to spark a rebellion.

♉ Taurus April 21-May 21 It's official: you were right and everyone else was wrong. Will you gloat? Of course you will, and rightly so, but having enjoyed your moment of triumph don't go on and on about it.

♊ Gemini May 22-June 21 As Mercury, your ruler, moves into the wealth area of your chart today something will happen that reminds you that you must conserve your resources. Look ahead.

♋ Cancer June 22-July 22 Be bold, be brave and be ready to take advantage of the opportunities that are coming your way. Mercury, planet of communication, will bring good news of some kind today

♌ Leo July 23-Aug.23 Some people can be awfully touchy and today, especially, a friend or loved one is likely to jump down your throat if you make even the slightest criticism of their behavior.

♍ Virgo Aug. 24- Sept. 22 The planets are urging you to be a bit less suspicious than you usually are. Rest assured you won't lose out by going along with what a friend or work colleague proposes – you may even make some money.

♎ Libra Sept. 23-Oct. 23 Sit back and let the good things in life come to you. One of those good things has something to do with your family and today, more than most days, you will find it easy to connect with loved ones.

♏ Scorpio Oct. 24-Nov. 22 You will be feeling more like your old self today. Mercury's change of signs will give you the confidence to try out new things and visit new places, especially in the company of friends.

♐ Sagittarius Nov. 23-Dec. 21 Don't suffer in silence. Speak up and let everyone know you deserve a bigger share of the applause and rewards. Chances are you'll get it.

♑ Capricorn Dec. 22-Jan. 20 Are you being too optimistic? Is your imagination taking you for a ride? No, and no again, are the answers to those questions.

♒ Aquarius Jan. 21-Feb. 18 There are so many good things going on in your world, so why are you so reluctant o make something of them? Between now and the Sun's move into your sign on the 20th you must get your act together

♓ Pisces Feb. 19-March 20 An offer of some sort will come your way and to say the least it will sound tempting.
SALLY BROMPTON

DAVIF J. PHILLIP/ THE ASSOCIATED PRESS

Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

SEBASTIAN WILLNOW/THE ASSOCIATED PRESS

flyPro
Your premium travel consultant !
WE SPECIALIZE IN CUSTOM ITINERARIES!
WHETHER IT IS AIR OR ACCOMMODATION ONLY, COMPLEX BUSINESS TRIP OR FAMILY VACATION, WE ARE YOUR SOLUTION!
• competitive prices • professional knowledge • • efficient services •
Looking to book a trip? Contact Us @ 403.984.4688 • askus@flypro.ca • www.flypro.ca
Follow or join us on twitter/facebook, and receive the most recent updated travel information everyday!

BRIDAL FANTASY
JAN 16 SUN
TELUS
WIN $75,000 IN PRIZES & GIFTS

Canadian Legal Resource Centre Inc.
CALL NOW!! 403.229.2774
MON-SAT DAYTIME & EVENING APPOINTMENTS
FREE CONSULTATION
UNCONTESTED DIVORCES
Legal Separation Agreements • Spousal Land Transfers
www.canadianlegal.org
CRIMINAL RECORD?
Canadian Pardons • US Travel Waivers
Fingerprinting
21+ Years Experience • Voted #1 Paralegal
Why Pay More?

DO NOT PAY FOR 90 DAYS*

CARS FROM $123 BI-WEEKLY

2007 Dodge Caliber RT AWD

$12,995
All Wheel Drive
stk# 103293A
$123 $0 Down bi-weekly¹

2010 Buick Lucerne CXL

$26,995
Leather, PW, PL, A/C, Cruise
stk# U0187
$214 $0 Down bi-weekly²

2009 Chevy Malibu

$15,995
LT, Very well equipped
stk#A2980
$133 $0 Down bi-weekly²

2007 Ford Mustang GT

$16,995
300hp 4.6L V8, A/C, Cruise, PW, PL, 43,000km, 5-speed manual
stk# P9324A
$157 $0 Down bi-weekly¹

TRUCKS FROM $106 BI-WEEKLY

2007 GMC Sierra 1500

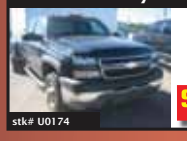
$10,995
V6, Regular Cab
stk# E090795A
$106 $0 Down bi-weekly¹

2007 Chevy Colorado

$12,995
Extended Cab
stk# 103110A
$123 $0 Down bi-weekly³

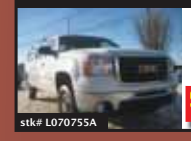
2006 Audi A4

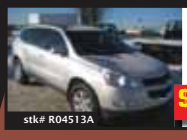
$22,995
2.0T automatic
stk# 110929A
$207 $0 Down bi-weekly¹

2005 Chevy Silverado 3500

$19,995
Diesel, Dually, Crew Cab
stk# U0174
$182 $0 Down bi-weekly¹

2008 Chevy Silverado 2500

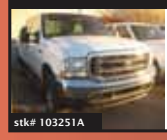
$19,995
6.0L V8
stk# P9432
$182 $0 Down bi-weekly¹

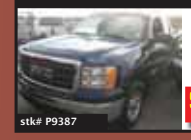
2007 GMC Sierra 2500 SLE

$21,995
V8. Extended Cab, 4x4
stk# L070755A
$199 $0 Down bi-weekly

2009 Chevrolet Traverse LT

$27,995
Seating for 8! One owner.
stk# R04513A
$227 $0 Down bi-weekly²

2010 GMC Sierra 1500 SLE

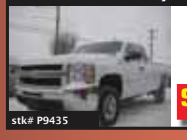
$28,995
Crew Cab, 4x4, CD/MP3, 25,000kms
stk# P9412
$229 $0 Down bi-weekly²

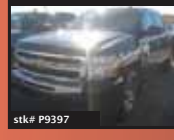
2004 Ford F-350 XLT

$19,995
Diesel, Crew Cab, 4x4
stk# 103251A
$270 $0 Down bi-weekly¹

2009 GMC Sierra 1500 SLE

$25,995
Extended Cab, 4x4, One Calgary owner
stk# P9387
$207 $0 Down bi-weekly²

2009 GMC Sierra 2500 SLE

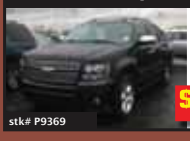
$28,995
4x4, V8, Crew Cab
stk# P9377
$229 $0 Down bi-weekly²

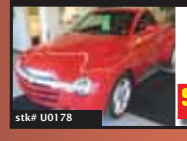
2009 Chevy 2500HD LT

$28,995
V8. Crew Cab, 4x4
stk# P9435
$229 $0 Down bi-weekly²

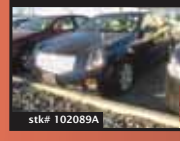
2010 Chev Silverado 1500 LT

$27,995
Crew Cab, 4x4, PW, PL, CD
stk# P9397
$227 $0 Down bi-weekly³

2008 Dodge Ram 2500 SXT

$36,995
6.7L Diesel, Crew Cab, 4x4
stk# A2983
$289 $0 Down bi-weekly²

2007 Chevy Avalanche LTZ

$27,995
Leather
stk# P9369
$279 $0 Down bi-weekly¹

2004 Chevy SSR

$24,995
LT, very well equipped
stk# U0178
$333 $0 Down bi-weekly¹

2008 Cadillac CTS

$28,995
300hp 4.6L V8, A/C, Cruise, PW, PL, 43,000km, 5-speed manual
stk# 102089A
$257 $0 Down bi-weekly¹

2008 GMC Sierra 2500 SLE

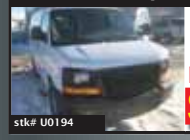
$32,995
Diesel, Extended Cab, 4x4
stk# A2967
$259 $0 Down bi-weekly²

All payments are bi-weekly, $0 downpayment, 7.49% O.A.C. and include fees and taxes. ¹72 month term. ²84 month term. ³60 month term. 48 month term. Prices do not include GST. *O.A.C

Calgary's Commercial Vehicle Specialists

2007 Chevy Cube Van

$23,995
SHAW LEASE
stk# P9401
$414/Month

2009 Chevy Express Cargo

$22,995
V6, Auto, A/C,
3 to choose from
SHAW LEASE
stk# U0194
$395/Month

2009 GMC Savana 2500 Cargo

$24,995
21,000kms, 4.8L Vortec V8, Auto, A/C
SHAW LEASE
stk# P9411
$434/Month

2007 Chevy Express 2500

$25,995
Extended Cargo, Diesel
3 to choose from
SHAW LEASE
stk# L090671A
$455/Month

Payments based on 49 mo. lease with $3,000 down OAC, at 7.99% apr, excluding applicable fees and taxes

GM Canada

Optimum CERTIFIED USED VEHICLES

- Manufacturer's warranty
- 150 + Point inspections
- 30 day/2500 km no-hassle exchange privilege
- 24-hour roadside assistance

SHAW GMC CHEVROLET BUICK

403-536-2012

SHAWGMC.COM

4620 Blackfoot Tr. S.E.

Find us on Facebook and Twitter!

Proud Sponsor

AMVIC # 10234902